



LAGUNA

RESORT & SPA

MEMBER OF MITSIS PREMIUM COLLECTION

Wellness & Spa

A world of relaxation, attention and indulgence awaits you at the Laguna Wellness & Spa. Here, you can discover our philosophy, based on the Eastern ideals that harmony between body and soul is the source of true beauty and health. The music, the colours and the tranquility inside our spa will inspire you for a massage from our qualified personnel. The indoor swimming pool, the Jacuzzi and the Hammam are part of the wellness spa at an extra charge.

Furthermore, a variety of face and body treatments, massages, hair dressers, manicure and pedicure are available. Just close your eyes and relax in the hands of our well-trained personnel.

Health

At Laguna Resort & Spa, we offer visitors a blissfully relaxing private spa escape with treatments for the whole body.

Therapeutic massage

Relieves muscular tension and enhances tissue elasticity and joint flexibility.

Anti-stress back massage

Alleviates stress and reduces pain in the lumbar, thoracic and cervical elements of the spine.

Reflexology

Stimulating points on the feet and hands, it revitalises energy throughout the body by relaxing and opening up energy pathways.

Lymphodrainage massage

Massage applied on your lymphatic system, with soft, slow and regular pressure, creating an efficient draining effect on the circulation, particularly in cases of oedema and cellulite.

Face lymphodrainage massage

A gentle manual facial massage, reducing oedema, facilitating lymph outflow and detoxifying.

Thermal Classic Fango

Authentic thermal Fango is heated and applied to the entire body, emphasizing on problem areas, deeply cleansing and purifying the skin, exfoliating dead skin and nourishing the body.



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Beauty

A full range of beauty services are on offer - from hand and foot treatments including manicure and pedicure, to make-up application and waxing.

Face

Deep Cleansing Facial with Papaya: a mild papaya enzyme skin peel ideal for sensitive skin, removing dead skin surface cells and pore blocking impurities, refreshing and leaving the skin radiant.

Cleansing and Hydration Facial: a facial skin treatment using steam to open pores, extract blackheads and revitalize the skin - followed by deep hydration.

Royal Laguna Facial: facial anti-ageing treatment with grapes, rich in anti-oxidants, it leaves the skin clear, supple and radiant.

Face Hydration: deep hydration that leaves the skin supple.

Face Firming: helps regenerate tired skin and remove the appearance of fine lines and wrinkles.

Collagen Mask for the Eyes: anti-ageing eye treatment instantly firming, rejuvenating and plumping up the skin whilst reducing dark circles from around the eye contour.

Face massage with essential oils: tones the microcirculation and helps to better oxygenate facial muscles.

Eyebrow shape

Eye lash tint

DNA Caviar Mask: delivers the most advanced defence against aging, leaving the skin visibly improved on deep wrinkles & firmness.

Upper lip & chin waxing

Body

Leg waxing

Arm waxing

Bikini waxing

Under-arm waxing

Manicure - Pedicure

Lighter Body Peeling: carefully removes old skin cells and activates natural skin functions.

Cellulite loss & Firming body chocolate treatment: a serious anti-cellulite treatment targeted to break up fat deposits.

Detox and Toning treatment: using algae, it helps the organism get rid of toxins while stimulating the slimming process.

Cleopatra Cream Bath: extremely nourishing, it helps hydrate the second epidermal layer.



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Rejuvenation

Indulging in the attentiveness of our therapists. All of our treatments leave you not just cleansed, but soft, silky and feeling totally relaxed.

Face

Vitamin Chocolate Treatment: nourishing therapy with vitamins & hydrating and whitening properties that bring back the glow to tired complexions.

Hydration mask with tropical fruits: therapy that rejuvenates the epidermis using the properties of pineapple.

Body

Thalasso Aqua Therapy: thanks to the healing properties of seawater, this treatment has a rejuvenating action as it improves blood circulation and allows tissue oxygenation.

Body Rejuvenation with tropical fruits & essential oils: the association of essential oils with a body mask that uses the properties of pineapple has rejuvenating and relaxing properties for the organism.

Massage

Trained therapists use skilful hand movements and pressure to bring about healing results. Inspired from traditional methods, all our massages leave you relaxed and stress-free.

Relaxing massage: relaxes your muscles, eases pain and relieves from stress.

Sport massage: focusing to relieve specific stress and muscle tension, this deep rhythmic pressure massage gives the whole body a vigorous workout.

Body massage with essential oils: let us massage away the stresses and strains of everyday life.

Detox massage: designed to naturally detoxify the body, it helps improve circulation and reduce toxin levels.

Four Hands massage: massage performed with four hands, with the immediate benefit of complete relaxation.

Special Laguna Aromatherapy: massaging the essential oils onto your skin is a very effective way to encourage absorption of oils and stimulate blood circulation, helping you relax and uplift your mood.