



SAPPHIRE
SPA

Welcome to the Sapphire Spa





The Sapphire Spa at Blue Domes

Our philosophy

A world of beauty and relaxation awaits you at the Blue Domes Wellness & Spa 'Sapphire',

Here you can discover our philosophy, advocating that harmony between body and soul is the source of true beauty and health. Embracing all aspects of your wellbeing, our Spa invites you to rejuvenate in its magnificent surroundings, where relaxing music, enchanting design and décor create a truly unique retreat. The Hotel uses latest technology equipments and personalized programmes to cater your specific needs.

Just close your eyes and relax in the hands of our well-trained personnel.

Sapphire Spa at Blue Domes and Phytomer invite you to a magical escape to the attractive world of beauty wellness and serenity. Treat yourself and your loved ones to an unforgettable experience of senses and an incomparable beauty effect with the signature of the International Cosmetology Research Center of the French company "Phytomer". Our qualified therapists will guide you through our "Spa Menu" to find the treatment most suitable for you.

The beauty boutique of "Sapphire Spa" by Phytomer and Fleur's and our beauty advisors are always at your service to inform you which products are best for your own needs. Because we insist on making our world more beautiful!!!

Blue Domes Signature Spa Experience

120'/130€

A sensory holistic treatment that nurtures both face and body.

A perfect harmonization of light strokes, pressures, a deep tissue massage and a more relaxing and soothing massage that gradually awakens every part of the body, releasing all tension.

Exfoliation with a creamy texture, with the vivid blue of the Aegean, smoothes and rejuvenates your skin. Massage with an effective two-phase concentrate inspired by the purity of the power of the sea with a fresh and delicate scent, soothes, nourishes and tones your skin during the massage.

The beauty cruise on the Aegean Seas completes with a rejuvenating face treatment and offers you the freshness, glow and shimmer of the Greek islands.



Signature treatments by Phytomer

Pionniere “XMF” Youth Revelation - Face - Eyes - Lip - Decoletté 90’/120€

Reveal your inner youth through this original facial care using innovative ingredients and exceptional treatment techniques for instant and visible effectiveness. The treatments with the exopolysaccharides X.M.F. (Extra Marine Filler) and VMR (Visible Marine Refiner) combined with the “Morio Orchid” extract is on the cutting edge of biotechnology. It acts in the deeper layers of the skin by stimulating the synthesis of collagen. Elastin and natural hyaluronic acid for a denser and firmer skin mattress.

The “XMF” creates an invisible natural film which smoothes wrinkles immediately. The specialized face massage with the roller & shaper completes the products action and strengthens its vivacity. Like after a facelift, the skin is smooth and vigorous. It glows with new radiance.

Morpho Designer Massage 60’/90€

An exceptional resculpturing treatment for the whole body, the Morpho Designer Massage is a gentle original and effective, with specialized formulas, contouring and firming treatment which combines rhythmic alternative movements for redefinition and sculpting of the figure. A creamy scrub with a fresh citrus scent, combined with a delicate jasmine note, prepares and cleanses your skin and is followed by a sculpting, massage using a balm that releases pearls of gold and activates microcirculation and contouring and at the same time tones and reinforces your skin.

The beauty experience is completed with the application of a special product of triple action - that remodels - tones - moisturizes and contains “the certified natural ingredient Mediterranean Mastic”.



Facial Treatments by Phytomer

Deep Cleansing & Detox 75-90'/85€

Facial cleansing with steam and special detox treatment with the care of the blue cosmetics for every type of skin. An enzymatic Peeling for exfoliation and a moisturizing - soothing mask.

Spa-Prestige Eclat 45'/55€

The coexistence of the rich marine power in a treatment for rejuvenation, radiance and hydration of the skin. The treatment can be easily adapted to your personal needs.

Hydra Blue Treatment Detox and Plumping Moisturizing 60'/75€

A complete and specialized treatment with double action on moisturizing. Relieves from thirst and moisturizes in a few minutes while, at the same time, stimulates the proteins that contribute to cellular cohesion for strengthening of the skin.

The innovative mask "Chauffant nettoyant" with sea zeolites, caolin and oxygenol, cleanses in depth, oxygenates and detoxifies, allowing your skin to breathe better.

A perfect combination of high effectiveness for pure, moisturized, smooth and radiant skin.

Douceur Marine - Sensitive Skin 55'/70€

An ideal treatment for a sensitive skin that calms and relieves immediately.

It acts instantly on the irritations due to the great concentration of soothing ingredients.

Water for the sea sources, algae sugars, coral extracts improve the microcirculation, reassuring smooth and fresh skin.

Eye & Lip Contour Treatment 45'/50€

An anti-wrinkle eye treatment with collagen's marine elements and elastin. It smoothes the wrinkles in the eye contour and helps in decreasing the edemas and black circles.

At the same time. Enjoy a complete treatment for the lip contour. A cocktail of exfoliation with very effective ingredients which stimulate the circulation, while the splendor mask balm with hyaluronic nourishes - soothes - hydrates - tones the contour of the lips by giving them natural volume.

Skin Escape for Men 50'/65€

A treatment focused on detoxification and oxygenation of the skin. It smoothes the fatigue signs on the face, hydrates and calms the skin from any irritation. Suitable for men's skin, it gives freshness and a smoothing effect.

City - Life "Sorbet" 60'/75€

A specialized treatment that combats environmental pollution for restoration of freshness and brightness of the skin.

The "Sorbet" delicate texture of the products works in synergy with the skin and eliminates impurities, detoxifies, oxygenates and revitalizes.

The cocktail of healthy ingredients, becomes a natural shield against environmental pollution and instantly moisturizes, decongests and illuminates dull and tired skin.

Extended Youth - Anti-aging Treatment 75'/85€

An anti-wrinkle - firming treatment increasing the resistance of the skin and giving an extended youth. The marine macromolecules contribute to the cells restructure and to the reproduction of collagen and elastin as well. The sea retinol and the hyaluronic restore the aspect of youth revealing your facial characteristics.

An effective radiant-firming and smoothing wrinkles treatment with 100% of natural - effective ingredients of the marine resources - which reinvigorate your skin, against the deterioration of time. Ocean - Science - Beauty to the Cosmetics request.



Body Treatments by Phytomer

Shimmer Satin Treatment 45'/65€

We proceed in a deep cleansing with salts, corals and hazelnut oils, coconut oil, soya, nut and Oligomer (solidified sea). It is followed by a cream with a cocktail of marine ingredients to the whole body that restores the aquatic tone to your skin and prepares it to be safely exposed to the sun.

Sea Self - Heating Mud - Cocoon Detox 60'/80€

A pleasurable treatment with a self-heating sea mud mask, that alternates warmth - freshness and detoxifies the body, soothes from muscular pains, while you feel your body lighter and relieved. The treatment begins with exfoliation, then is followed by a wrap like a hot sea cocoon and finishes with the application of a refreshing product at the end.

Sea Foam Massage and Calming Mask 75'/85€

A unique relaxation experience, this special treatment relaxes, tones and soothes your skin, eliminating all tension and providing with an exceptional sense of relaxation and rejuvenation.

Using natural marine sponges and soft creamy-soap, the whole body is warmly massaged for 20 minutes. The massage is followed by a marine body wrap that tones, soothes and reinforces the elasticity of the skin. The ritual is completed with a highly hydrating cream that, as a protective veil, gives your skin rich hydration and glow.

Thermal Algotherapy (back - neck - shoulders) 50'/75€

This treatment faces and soothes back, neck, waist and arm pains. After a deep skin cleansing, comes an effervescent sea mud mask that creates thousands of microcapsules which release active sea ingredients capable of facing aches and tensed muscles. A healing massage follows this particular part of the body.

Spa Thalasso Full Body 60'/80€

All the benefits of the Spa Thalasso in one and only treatment. An original full thalassotherapy with the most beneficial varieties of algae such as - Spirulina - Fucus Powder - Palmaria Palmata - Chondrus Crispus activate the metabolism, detoxify and give back to the skin its radiance and smoothness.

It nourishes and keeps the skin healthy with its lypolytic and anticellular action. The advantages of this treatment are multiple for the body and skin due to the absolute similarity to its synthesis with the sea water and the human organism (Plankton - Plasma blood).

In an ambiance of marine breeze, enjoy an exfoliation for deep skin cleansing and a thalassotherapy mask, that are followed by massage and warm towel that hug your body and invite you to a dive in the magical underwater world.

Beautiful Legs - Leg Soothing Treatment 45'/70€

A treatment with marine flavonoids and Centella Asiatica that filters and stimulates blood microcirculation, reinforces capillary tone, relaxes and relieves tired legs.

A Peeling with crystal salts and essential oils, a special fresh gel mask from the soles of the feet up to thighs stimulates blood microcirculation, reinforces the capillaries rejuvenates and soothes the edemas.

Sculpt Zone - Contouring - Anti-cellulite 60'/90€

The Sculpt Zone treatment targets the abdomen-thighs-buttocks area, attacks cellulite and accumulated fat. It is based on a series of "Redox" (reduction-oxidation) reactions, in synergy with the super lipolytic agent "Pepper Slim Active", which traps the free radicals by neutralizing them, stimulates the action of lipolysis and detoxification and combats and decreases cellulite.

A delicate creamy foamy texture with soft heat embraces you body and delivers a deep sense of relaxation and pleasure.

The ultimate contouring and anti-cellulite performance in an express course. Reduced curves and cellulite, a body lighter and detoxified, smoothed thanks to the intensive formula starring the super active "Slim Pink Pepper".



Spa Rituals by Fleur's

Rhassoul - Sultans Veil Deep Cleansing - Firming - Radiance 90'/120€

Discover the magic of the Orient with a care that combines originality with authenticity. The treatment Voile de Sultane merges components of the traditional woman of the East, with particular attractive care and seductive fragrances.

Natural mineral clay from Morocco, the Rhassoul, over millions of years offers the cleansing, soothing, firming and rejuvenating abilities to the body, face and hair.

The subtle scents of essential oils of jasmine and rose travel you to the country of a thousand and one nights.

Aromavedic Holistic - Wellness - Rejuvenation - Radiance 90'/120€

A Holistic massage of the body and face, inspired by India. Extracts of apricot oil, rich in vitamin C (antioxidant) along with lily essences, ylang-ylang, rosemary, rose, ginger, violet, coriander and camellia invite you to a relaxing ritual, full of energy, joy and passion for life. You may, depending on your physical and mental state, choose the essence that you most prefer.

Last brushstroke on the canvas of your beauty is the mask of a bouquet of flowers.

Indulge in a holistic and aesthetic facial and body treatment and give your skin a velvety sensation, complete relaxation of the body and serenity of the soul. The lily symbolizes innocence the promise of eternity and bliss.

Body Peeling

Delight Scrub with Flowers and Fruit 30'/40€

A real pleasure, this exfoliation combines natural ingredients of fruit, flowers and exotic grains into a treatment of cleansing, radiance and velvet touch for your skin.

Moroccan Peeling Rose - Jasmin 30'/40€

Delightful exfoliation with cherry and plum kernel powders that glide on and eliminate impurities and dead cells providing your skin with softness and brightness. A creamy textured milk follows, that moisturizes and nourishes leaving your skin silky smooth and envelops your body with a soft and delicate fragrance of rose petals and jasmine from Morocco.

Body Relax Massage

Relax Massage 30-60'/50€-75€

A muscular relaxing massage with fragranced oils that relieves signs of tension, calms the nervous system and relaxes the body.

Indian Head Massage 40'/55€

Discover the virtues of this deeply relaxing massage. By focusing on the back, neck and shoulder blades, this treatment releases built up tension providing a feeling of well being and total relaxation.

Deep Tissue Relaxation Body Massage 50'/80€

Deep massage with specific pressures and stretching that relaxes the muscles and restores the body into a normal pace.

Legs Massage 25'/45€

To get rid of sensation of 'heavy legs', this draining, toning and circulatory improving massage of the leg muscles from an Ayurvedic tradition, allows regain vitality and lightness.

Aromatherapy Massage 75'/85€

A relaxing massage all over the body and face with natural apricot oil and extracts of aromatic plants and herbs that have therapeutic abilities and are appropriately chosen to suit your personal needs. It relieves from headaches, migraines, provides energy and releases endorphins, the hormones of happiness.



Unique Holistic Massages

Oligomer Spa Massage 90'/105€

A holistic journey into the heart of PHYTOMER DNA to recharge the body's batteries. The treatment starts with a creamy body scrub containing Oligomer crystals to soften the skin, followed by a massage. This specific massage produces a fully encompassing holistic approach from the tips of the toes to the ends of the hair. It provides perfect balance between light strokes and pressures and between deep tissue massage and a gentle hand massage for an instant rejuvenating effect and incomparable relaxation.

Results: your body is relaxed, re-energized and deeply revitalized. The holistic journey of the Oligomer Spa Massage begins!!!

Candle Massage 60'/85€

Through a lovely perfumed ambiance, the massage with candles creates a memorable experience. The subtle creamy warm candle slides over the body deeply nourishing the skin. While a combination of various massage pressures, stretches and relaxes the muscular system, stimulates the blood microcirculation helping the body to eliminate all the daily stress and invites you into a joyful sensorial escape.

You have but to choose amongst 3 different natural perfumes, Douceur d'Orient with sandalwood - orange for a complete relaxation and harmonization of senses. Charm of Andalusia, with citrus - sunflower, vetiver, for relaxation - revivification of soul, body and mind. Philippines, with coconut, rosewood, orange, for toning, revitalization, and amplification of energy.

Lava Shells Tropical Massage 60'/90€

Enjoy a tropical massage with real shells of the Pacific Ocean that manifest naturally calcium ions, which are transported directly to the skin through the action of heat. While the warm shells roll alternately on your body with strong and gentle pressures, they eliminate muscle tension, calm the nervous system, enhance blood circulation and lymph. Soft and subtle hints of exotic fruits, mango and green tea, rich in Vitamin E, the massage oil soothes, nourishes and brightens your skin.

The uniqueness of the Lava Shells Massage is the power of heat, touch and scent. The receptivity between the therapist and client creates an immersive experience.

Packages

Enjoy our unique proposals.

Moisturizing Satin Treatment 75'/95€

- Shimmer Satin
- Spa Prestige

Romantic Relaxation 90'/125€

- Candle massage
- Indian Head and Facial massage

Aegean Detox Programme 90'/130€

- Sea Self - Heating Mud
- City Life sorbet

Exotic Touch with Monoi 90'/135€

- Full body massage
- Face massage
- Head massage and Hair care

Sapphire Spa Use of Wet area 60'/20€

Beauty Services

The Sapphire Spa at Blue Domes offers you a wide range of beauty services, according to your needs.

Manicure - Pedicure

Nail polish 10'/10€
French manicure style nail polish 15'/15€
Manicure 30'/20€
French manicure 35'/30€
Spa manicure 40'/35€
Pedicure 35'/30€
French pedicure 40'/35€
Spa pedicure 45'/40€

Shellack (Semi Permanent)

Shellac removal (fingernails or toe nails) 20'/15€
Nail polish 20'/25€
French manicure style nail polish 30'/30€
Manicure 50'/30€
French manicure 60'/40€
Spa manicure 75'/45€
Pedicure 60'/40€
French pedicure 70'/45€
Spa pedicure 70'/50€

Waxing

Full leg wax 30'/40€
Half leg wax 15'/25€
Full arm wax 15'/25€
Half arm wax 10'/15€
Bikini line wax 10'/35€
Brazilian or Los Angeles bikini wax 30'/35€
Under arm wax 10'/15€
Upper lip & chin wax 5'/15€
Chest or back waxing 15'/30€
Eye brow shape 15'/15€

Hair Services

Wash & conditioner 5€
Hair cut - women 30€
Hair cut - men 25€
Hair cut - children 20€
Blow dry & style - short hair 25€
Blow dry & style - middle length hair 30€
Blow dry & style - long hair 35€
Coloring roots 40€
Coloring full head - short hair 40€
Coloring full head - long hair 45€
Highlights - short hair 50€
Highlights - long hair 85€
Bridal hair style 85€



Cancellation policy

24-hours' notice is kindly request to allow the re-scheduling of your appointment and the availability of appointments for fellow spa guests. Cancellation within 6 hours of treatment time will incur a 50% fee. 'No shows' will be charged the full price of the treatment.

We recommend you to book your appointments in advance.

Opening hours & reservations

Everyday from 09:00 am to 20:00 pm

To arrange for your appointments in time, please contact your Reception or call: +30 22420 92500
If you stay at Blue Domes, please dial directly 2200

For special requests, you may contact us at: bluedomes.spa@mitsishotels.com



BLUE DOMES
RESORT & SPA
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MEMBER OF MITSIS PREMIUM COLLECTION

PHYTOMER

Fleur's