



MY

UNIQUE EXPERIENCE

SPA

Welcome to
MY SPA
UNIQUE EXPERIENCE





PHYTOMER

From the sea to the skin

Our philosophy

My Spa at Rodos Village and Phytomer invite you to a magical escape to the attractive world of beauty wellness and serenity. Treat yourself and your loved ones at an unforgettable experience of senses and an incomparable beauty effect with the signature of the International Cosmetology Research Center of the French company "Phytomer".

Our qualified therapists will guide you through our "Spa Menu" to find the most suitable treatment for you. The beauty boutique of "My Spa" by Phytomer and Fleur's and our beauty advisors are always at your service to inform you which products are best for your own needs. Because we insist on making our world more beautiful!

Rodos Village Signature Spa Experience

120'/130€

A sensory holistic treatment that nurtures both face and body. A perfect harmonization of light strokes, pressures, a deep tissue massage and a more relaxing and soothing massage that gradually awakens every part of the body, releasing all tension.

Exfoliation with a creamy texture, with the vivid blue of the Aegean, smoothes and rejuvenates your skin. Massage with an effective two-phase concentrate inspired by the purity of the power of the sea with a fresh and delicate scent, soothes, nourishes and tones your skin during the massage.

The beauty cruise on the Aegean Sea completes with a rejuvenating face treatment and offers you the freshness, glow and shimmer of the Greek islands.



Facial treatments by Phytomer

Spa-Prestige Éclat 45'/60€

The coexistence of the rich marine power into a treatment for rejuvenation, radiance and hydration of the skin. The treatment can be easily adapted to your personal needs.

Hydra Blue Treatment Detox and Plumping Moisturizing 60'/75€

A complete and specialized treatment that has two actions. It reliefs from thirst and moisturizes in a few minutes while, at the same time, stimulates the proteins that contribute to cellular cohesion for strengthening of the skin. The innovative mask "Chauffant nettoyant" with sea zeolites, caolin and oxygenol cleanses in depth, oxygenates and detoxifies, allowing your skin to breath better. A perfect combination of high effectiveness for pure, moisturized, smooth and radiant skin.

City - Life 'Sorbet' Smoothing Beauty Treatment 60'/80€

A specialized treatment that combats environmental pollution for restoration of freshness and brightness of the skin. The "Sorbet" delicate texture of the products works in synergy with the skin and eliminates impurities, detoxifies, oxygenates and revitalizes. The cocktail of healthy ingredients becomes a natural shield against environmental pollution and instantly moisturizes, decongests and illuminates dull and tired skin.

Douceur Marine 60'/75€

An ideal treatment for sensitive skin that calms and relieves immediately. It acts instantly on irritations due to the great composition of soothing ingredients. Water from sea springs, algae sugars and coral extracts stimulate the microcirculation, reassuring a smooth and fresh skin.

Eye & Lip Contour Treatment 35'/55€

An anti-wrinkled eye treatment with collagen's marine elements and elastin. It soothes the wrinkles of the eye contour and helps in decreasing the edemas and black circles. At the same time, enjoy a complete lip treatment. A cocktail of exfoliation with very effective ingredients which stimulate circulation, while the splendor mask balm with hyaluronic nourishes, soothes, hydrates, tones the contour of the lips by giving them natural volume.

Extended Youth 60'/85€

An anti-wrinkle - firming treatment that increases the resistance of the skin giving an extended youth. The marine macromolecules contribute to the cells restructure and to the collagen's and elastin's reproduction as well. The sea retinol and hyaluronic restore the aspect of youth revealing your facial characteristics. An effective radiant - firming and smoothing wrinkles treatment with 100% natural - effective ingredients of the marine resources, which reinvigorate your skin, against the deterioration of time. Ocean - Science - Beauty to the Cosmetics request.



Body peeling

Sea Foam Exfoliation 45'/60€

A soft foam for deep cleansing of the skin that moisturizes, tones and rejuvenates sensitive and irritated skin.

Moroccan Peeling Rose - Jasmin 40'/55€

Delightful exfoliation with cherry and plum kernel powders that glide on and eliminate impurities and dead cells providing your skin with softness and brightness. A creamy textured milk follows, that moisturizes and nourishes, leaving your skin silky smooth and envelops your body with a soft and delicate fragrance of rose petals and jasmine from Morocco.

Delight Scrub with Flowers and Fruit 30'/50€

A real pleasure, this exfoliation combines natural ingredients of fruits, flowers and exotic grains in a treatment of cleansing, radiance and velvet touch for your skin.

Spa rituals face & body by Fleur's

Sultan's Veil Oriental Deep Cleansing - Firming - Radiance 90'/120€

Discover the magic of the Orient with a care that combines originality with authenticity. The treatment Voile de Sultane merges components of the traditional woman of the East, with particularly attractive cares and seductive scents. A natural mineral clay from Morocco, the Rhassoul, for millions of years offers its cleansing, soothing, firming and rejuvenating benefits to the body, face and hair. The subtle scent of essential oils of jasmine and rose travel you to the country of thousand and one nights...

Passion Flower Peaceful Body and Face Massage 90'/120€

A Holistic massage for body and face, inspired by India. Extracts of apricot oil, rich in vitamin E, with lily essences, ylang - ylang, rosemary, rose, ginger, violet, coriander, camellia, invite you to a relaxing ritual, full of energy, joy and passion for life. You may, depending on your physical and spiritual state, choose the essence that you prefer the most. Last brushstroke on the canvas of your beauty is the mask of roses (rosewood oils and extracts from rose petals). Indulge in a holistic and aesthetic facial and body treatment and give your skin a velvety sensation, your body complete relaxation and your soul serenity. The lily symbolizes innocence, the promise of eternity and bliss.



Body treatments by Phytomer

Shimmer Satin Treatment

Exfoliation and Hydration

45'/65€

We proceed with a deep cleansing with salts, corals and hazelnut oil, coconut oil, soya, nut and Oligomer (solidified sea). Then we apply a cream with a cocktail of marine ingredients to the whole body that restores the aquatic tone of your skin and prepares it to be safely exposed to the sun.

Sea Foam Massage and Calming Mask

60'/85€

A unique relaxing experience for your body, this special treatment soothes, relaxes and invigorates your skin, relieves from tension and offers you a inimitable sense of relaxation and rejuvenation. With natural sea sponges and a creamy - soapy cleanser a warm foamy massage is performed on the entire body for 20 minutes. It is followed by a full body wrap with a toning, soothing mask that enhances skin elasticity. The ritual is completed with the application of a cream soft as a protective veil that deeply moisturizes your skin and offers sublime glow.

Thermal Algotherapy

Back - Neck - Shoulders

60'/75€

This treatment soothes back, neck, waist and arms pains. After a deep skin cleansing we apply an effer-vescent sea mud mask that creates a thousands of microcapsules which releases active sea ingredients capable of facing aches and tensed muscles. A healing massage follows on this particular part of the body.

Spa Thalasso Full Body

60'/80€

All the benefits of the Spa Thalasso in one and only treatment. An original full thalassotherapy with the most beneficial varieties of algae such as Spirulina, Fucus Powder, Palmaria Palmata, Chondrus Crispus activate the metabolism, detoxify, and gives back to the skin its radiance and smoothness. It nourishes and keeps the skin healthy with its lypolytic and anticellulite action. The benefits of this treatment are multiple for the organism and skin due to the absolute similarity of the synthesis with the sea water and the human organism (Plankton, Plasma blood). In an ambiance of marine breeze an exfoliation for deep skin cleansing and a thalassotherapy mask. Application of a product with massage and warm-wet towel that hug your body and invite you to a dynamic dive into the magical underwater world.

Beautiful Legs

Leg Soothing Treatment

45'/70€

A treatment with marine flavonoids and Centella Asiatica that filters, stimulates blood microcirculation, reinforces capillary tone, relaxes and relieves tired legs. A Peeling with crystal salts and essential oils follows. Application of a particularly fresh gel mask from the feet up to thighs that stimulates blood microcirculation, rejuvenates and removes the edemas. Rediscover the confidence of showing off your legs.

Sculpt Zone

Contouring - Anti Cellulite

60'/90€

The Sculpt Zone treatment targets the abdomen-thighs-buttocks area and attacks cellulite and accumulated fat. It is based on a series of "Redox" (reduction-oxidation) reactions, in synergy with the super lipolytic agent "Pepper Slim Active", which traps the free radicals by neutralizing them, stimulates the action of lipolysis and detoxification and combats and decreases cellulite. A delicate creamy foamy texture with soft heat embraces you body and delivers a deep sense of relaxation and pleasure. The ultimate contouring and anti-cellulite performance in an express course. Reduced curves and cellulite, a body lighter detoxified and smoothed thanks to the intensive formula starring the super active "Slim Pink Pepper".



Unique holistic massage

Exotic Massage

60'/85€

This ritual massage with authentic Monoï de Tahiti, the holy oil of Polynesia, is a time full of pleasure, that balances the energy flow and promotes total relaxation and wellness. This precious nectar with its sophisticated fragrance flows from the head down to the feet, following the energy lines offering its soothing and purifying properties. Special Massage, deep movements with the forearms, gentle pressures, relax tired areas, absorb tension and stress while they transfer you into an exotic paradise of fragrances and colors.

Candle Massage

60'/80€

Through a lovely perfumed ambiance, the massage with oil from hot candles creates a memorable experience. The subtle creamy hot candle oil slides over the body, nourishing deeply the skin, while a combination of various massage pressures, stretches and continuous movements, relaxes the muscular system, stimulates the blood microcirculation helping the body to eliminate all the daily stress by inviting you into a joyful sensorial escape. You may choose between 3 different natural perfumes. Douceur d' Orient with sandalwood and orange for complete relaxation and harmonization of senses. Charm of Andalusia, with citrus, sunflower, vetiver, for relaxation and revivification of soul, body and mind. Perles de Philippines with coconut, rosewood, orange for toning, revitalization and amplification of energy.

Lava Shells Tropical Massage

60'/90€

Enjoy a tropical massage with real shells of the Pacific Ocean that manifest naturally calcium ions, which are transported directly to the skin through the action of heat. While the hot shells roll alternately over your body with strong and gentle pressures, they eliminate muscle tension, calm the nervous system, enhance blood circulation and lymph. Soft and subtle hints of exotic fruits, rich in Vitamin E, the oil massage soothes, nourishes and brightens your skin. The uniqueness of Lava Shells Massage is the power of heat, touch and scent. The receptivity between the therapist and the client creates an immersive experience.

Body relax massage

Relax Massage

30-60'/50-75€

A muscular relaxing massage with fragranced oils that relieves signs of tension, calms the nervous system and relaxes the body.

Legs Massage

25'/45€

To get rid of sensation of "heavy legs", this draining, toning and circulatory improving massage of the leg muscles from an Ayurvedic tradition, allows regain vitality and lightness.

Indian Head Massage

40'/55€

Discover the virtues of this deeply relaxing massage. By focusing on the back, neck and shoulder blades, this treatment releases built up tension providing a feeling of well being and total relaxation.

Aromatherapy Massage

75'/85€

A relaxing massage all over the body and face with natural apricot oil and extracts of aromatic plants and herbs that have therapeutic abilities and are appropriately chosen to suit your personal needs. It relieves from headaches and migraines, provides energy and releases endorphins, the hormones of happiness.

Deep Tissue Relaxation Body Massage

50'/80€

Deep massage with specific pressures and stretching that relaxes the muscles and restores the body into a normal pace.



Beauty Services

MY SPA at Rodos Village offers you a wide range of beauty services, according to your needs.

Manicure - Pedicure

Nail polish 10'/10€
French manicure style nail polish 15'/15€
Manicure 30'/20€
French manicure 35'/30€
Spa manicure 40'/35€
Pedicure 35'/30€
French pedicure 40'/35€
Spa pedicure 45'/40€

Shellack (Semi Permanent)

Shellac removal (fingernails or toe nails) 20'/15€
Nail polish 20'/25€
French manicure style nail polish 30'/30€
Manicure 50'/30€
French manicure 60'/40€
Spa manicure 75'/45€
Pedicure 60'/40€
French pedicure 70'/45€
Spa pedicure 70'/50€

Waxing

Full leg wax 30'/40€
Half leg wax 15'/25€
Full arm wax 15'/25€
Half arm wax 10'/15€
Bikini line wax 10'/35€
Brazilian or Los Angeles bikini wax 30'/35€
Upper arm wax 10'/15€
Upper lip & chin wax 5'/15€
Chest or back waxing 15'/30€
Eyebrow shape 15'/15€

Hair Services

Wash 6€
Hair cut & wash - women 25€
Hair cut - men 18€
Hair cut - children 12€
Coloring from 35€
Highlights from 35€
Balayage or ombre 65€
Bridal hair style 80€
Hair style 25€
Evening hair style 35€

All products contain argan oil/keratin ingredients.



Cancellation policy

24-hours' notice is kindly requested to re-schedule your appointment and the availability of appointments for fellow spa guests. Cancellation within 6 hours before the treatment time will incur a 50% fee. 'No shows' will be charged with the full price of the treatment.

We recommend you to book your appointments in advance.

Opening hours & reservations

Everyday from 09:00 am to 20:00 pm.

To arrange your appointments in time,
please contact your Reception or call: +30 22440 47201



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Fleur's